

Prevention Pipeline newsletter

NC DEPARTMENT OF INSURANCE
OSFM INJURY PREVENTION DIVISION
and SAFE KIDS NORTH CAROLINA
888-347-3737 • safekidsnc.org

March 2020

Mike Causey Insurance Commissioner • State Fire Marshal • Safe Kids NC Chair

CRAVEN COUNTY HOLDS OPERATION MEDICINE DROP EVENT



On Monday, February 10th, Commissioner Causey and the OSFM team, joined with the Craven County Sheriff's Department, Dover Volunteer Fire Department, James City, No. 7 Township Fire Department and Harlowe Volunteer Fire Department to hold a countywide Operation Medicine Drop (OMD) event. In all, 67 pounds of pills were collected between the three locations in Craven County.

Overdose is the number one killer of Craven County citizens, according to Sheriff Chip Hughes. He and his staff host OMD events at least twice a year. Craven County also has medication drop boxes in ten locations throughout the county.

Our sincere gratitude is extended to the Craven County Sheriff's Department for organizing this event and to the Dover and Harlowe Fire Departments for their role in making it a success.

INTERESTED IN HOLDING A TAKE-BACK EVENT IN YOUR AREA?

If so, simply visit meddrop.ncdoi.com and register your event with NCDOT/OSFM/Safe Kids North Carolina and you will receive free promotional items to hand out to those who attend your event. This is our way of saying "thank you" for your help in keeping your community safe!

Before registering your event, be sure to contact your local law enforcement to ensure they are on site during the event to take possession of what is collected.

WEBSITE OF THE MONTH

www.ncpoisoncontrol.org

For more information about opioids, visit the website of the month or meddrop.ncdoi.com.

Have an exciting story, photo, event or training that you'd like featured in our next newsletter?

Email injury.prevention@ncdoi.gov

And follow us on Facebook at facebook.com/NCSafeKids

WHAT IS AN OPIOID?

Opioids are narcotics that act on opioid receptors in the brain to produce morphine-like effects to relax the body. They are most often prescribed by physicians to relieve pain but are highly addictive. Common examples of opioids include morphine, hydrocodone, oxycodone and fentanyl.



IS THERE AN OPIOID EPIDEMIC IN N.C.?

We say YES! And here is why:

- In 2018, unintentional poisoning surpassed unintentional motor vehicle crashes for the leading cause of injury deaths in the state;
- In 2018, an average of four North Carolinians died per day from unintentional opioid overdose, with 27% of those deaths involving prescription opioids;
- The estimated cost of unintentional opioid-related overdose deaths statewide totaled \$1.9 billion in 2018.

DO YOU HAVE DANGEROUS DRUGS IN YOUR HOME?

The federal government classifies medicines/drugs into five schedules. Do you have any of these dangerous drugs in your home?

Schedule 1 drugs | The most dangerous drugs of all the schedules with potentially severe psychological or physical dependence. These drugs have no accepted medical use and have a high potential for abuse. Most people do not have these drugs in their homes.

Examples: Heroin, ecstasy, peyote and cannabis.

Schedule 2 drugs | Drugs with a high potential for abuse with use potentially leading to severe psychological or physical dependence. These drugs may be in your medicine cabinet.

Examples: Demerol, OxyContin, Fentanyl, Methadone, Adderall and Ritalin.

Schedule 3 drugs | Drugs with a moderate to low potential for physical and psychological dependence. These drugs may be in your medicine cabinet.

Examples: Vicodin, Tylenol with codeine, Steroids and Testosterone.

Schedule 4 drugs | Drugs with a low potential for abuse and low risk of dependence. These are more likely to be in your medicine cabinet.

Examples: Xanax, Darvocet, Valium and Ambien.

Schedule 5 drugs | Drugs with lower potential for abuse and consist of preparations containing limited quantities of certain narcotics. These are likely in your medicine cabinet.

Examples: Robitussin AC, Lomotil, Motofen and Lyrica.

CPS TECHNICIAN CERTIFICATION CLASSES

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|--------------------|---|
| MARCH 23 – 26 | Lincoln County Health Dept. |
| MARCH 24 – 27 | Elkin Rescue |
| MARCH 30 – APRIL 2 | Apex Fire Dept. |
| APRIL 6 – 9 | Hemby Bridge Fire Dept. |
| MAY 11 – 14 | Wilson Fire Headquarters - Station 1 |
| May 26 – 29 | New Hanover County Library |
| JUNE 1 – 4 | West Jefferson |
| June 22 – 25 | Caldwell Co. Health & Human Services |
| APRIL 28 – 29 | Asheville – SAFE TRAVEL FOR ALL CHILDREN: Transportation of Children with Special Health Care Needs |


For more information on how to register for a class, visit buckleupnc.org.

REGISTRATION IS NOW OPEN for the Safe Kids NC Injury Prevention Conference to be held May 19 – 21 at the Great Wolf Lodge in Concord. Click [HERE](#) for hotel, content and registration information.

MUST READ UPDATES FOR CHILD PASSENGER SAFETY TECHNICIANS

- Do you use the LATCH manual? If so, have you subscribed for LATCH manual updates? Technicians should be using the 2019 version of the LATCH manual and subscribe to receive downloadable updates. Visit saferidenews.com to download all the updates and sign up to receive notification when updates are made.
- The National Child Passenger Certification Program recently updated their website. CPS Technicians should visit cert.safekids.org to view the changes and check the accuracy of their profile. Having an up-to-date profile ensures you will receive recertification reminders, conference and CEU opportunities as well as the bi-monthly CPS Express newsletter.
- Finally, for the first time in five years, there is a new Child Passenger Safety Technician curriculum. Current technicians are encouraged to download a new manual by visiting CPSBoard.org. In addition to downloading the new manual, at this site technicians can earn CEU's for recertification and view community education sessions, which can be used to meet the community education requirements for recertification.

SAVE THE DATE



Safe Kids NC INJURY PREVENTION CONFERENCE

May 19 – 21, 2020

SCHEDULED RISK AREAS

APRIL 2020
Youth Sports Safety Month
Distracted Driving Awareness Month
World Health Day (4/7)
National Prescription Drug Take Back Day (4/25)
Playground Safety Week (4/27)
Plan a Safe Kids Day