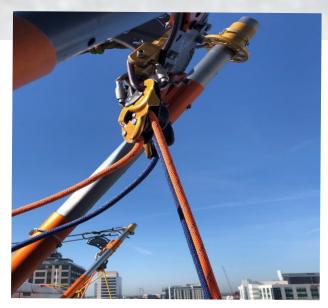
## NORTH CAROLINA TECHNICAL ROPE SCHOOL

The North Carolina Technical Rope School is geared towards those that are certified and well versed in NC TR. The classes offered will use equipment and techniques to streamline your abilities. We look forward to a positive and fun learning environment for all. Participants will need to be highly proficient in knots, anchors, mechanical advantages, and belays.

Held in Cooperation with: NC Association of Rescue and EMS, Rowan Cabarrus CC & Charlotte Motor Speedway





## **ARTIFICIAL HIGH DIRECTIONAL - 3 DAYS**

Students will receive practical and hands-on instruction in the following areas:

- Terradaptor
- Vortex
- Compression vs Tension
- Resultant forces

## SINGLE RESCUER MOVEMENTS - 2.5 DAYS

Students will receive hands-on instruction in the following areas:

- Anchor selection
- Alternative belays
- Alternative decent control devices
- Efficient ascending techniques
- Mid-air changeovers
- Climbing past obstructions
- Pick-offs



**MIKE CAUSEY • COMMISSIONER**